

RUCKLEIGH SCHOOL SUMMER TERM MENU WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Tikka Masala	Toad in the Hole	Roast Turkey & Seasoning with Cranberry Sauce	Italian Style Pasta Bolognese	Fish Fingers with Lemon Wedges and Tatar Sauce
Chickpea and Vegetable Jambalaya	Quorn Toad in the Hole	Homemade Red Leicester Cheese and Spring Onion Pasties	Vegetable Lasagne	Quorn Sausages
Steamed Rice Naan Bread Roasted Carrots	Boulangere Potatoes Peas Sweetcorn	Sage and Onion Stuffing Roast Potatoes Steamed Cabbage Buttered Carrots	Garlic Bread Slices Buttered Broccoli Florets Mixed Salad	Chipped Potatoes Baked Beans Peas
Homemade Butterscotch Mousse	Chocolate Sponge and Chocolate Sauce	Fruit Smoothes and Flapjack	Jam Roly Poly Pudding with Custard	Fruit Jelly and Ice Cream
Cut Fresh Fruit	Cut Fresh Fruit	Cut Fresh Fruit	Cut Fresh Fruit	Cut Fresh Fruit
Homemade Assorted Fruit Topped Yoghurts	Homemade Assorted Fruit Topped Yoghurts	Homemade Assorted Fruit Topped Yoghurts	Homemade Assorted Fruit Topped Yoghurts	Homemade Assorted Fruit Topped Yoghurts
<u>Salad Bar Special</u>	<u>Salad Bar Special</u>	<u>Salad Bar Special</u>	<u>Salad Bar Special</u>	<u>Salad Bar Special</u>
Sliced Ham	Salmon	Sliced Ham	Falafels	Sliced Turkey
Beetroot			Minted Cucumber and Yoghurt Salad	Crudités and Cream Cheese Dip
Sultanas	New Potato Salad	Couscous Salad		