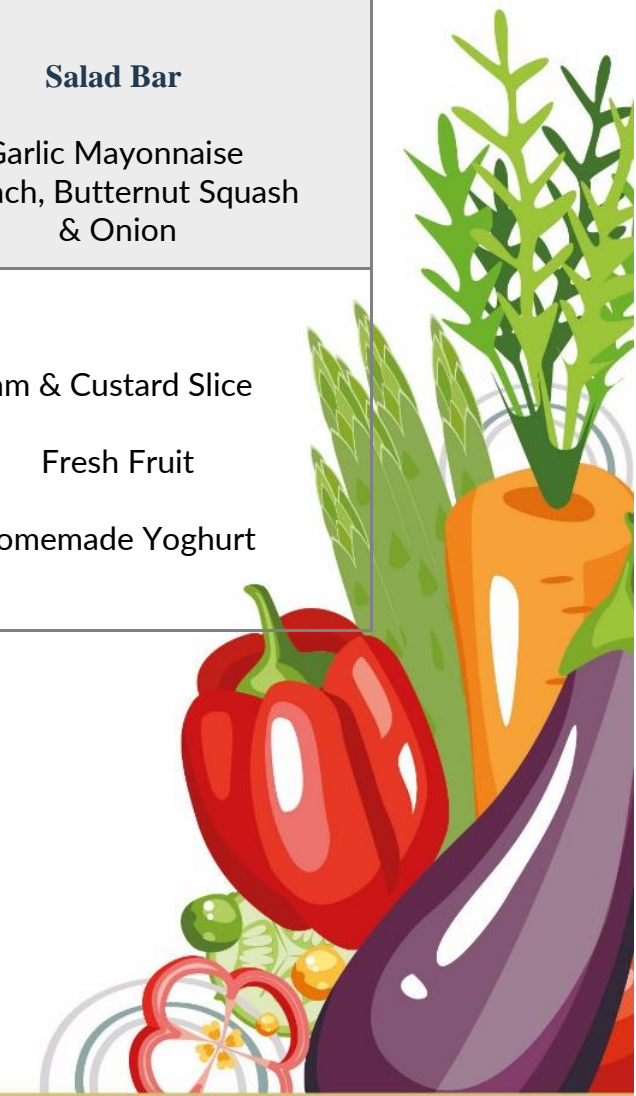
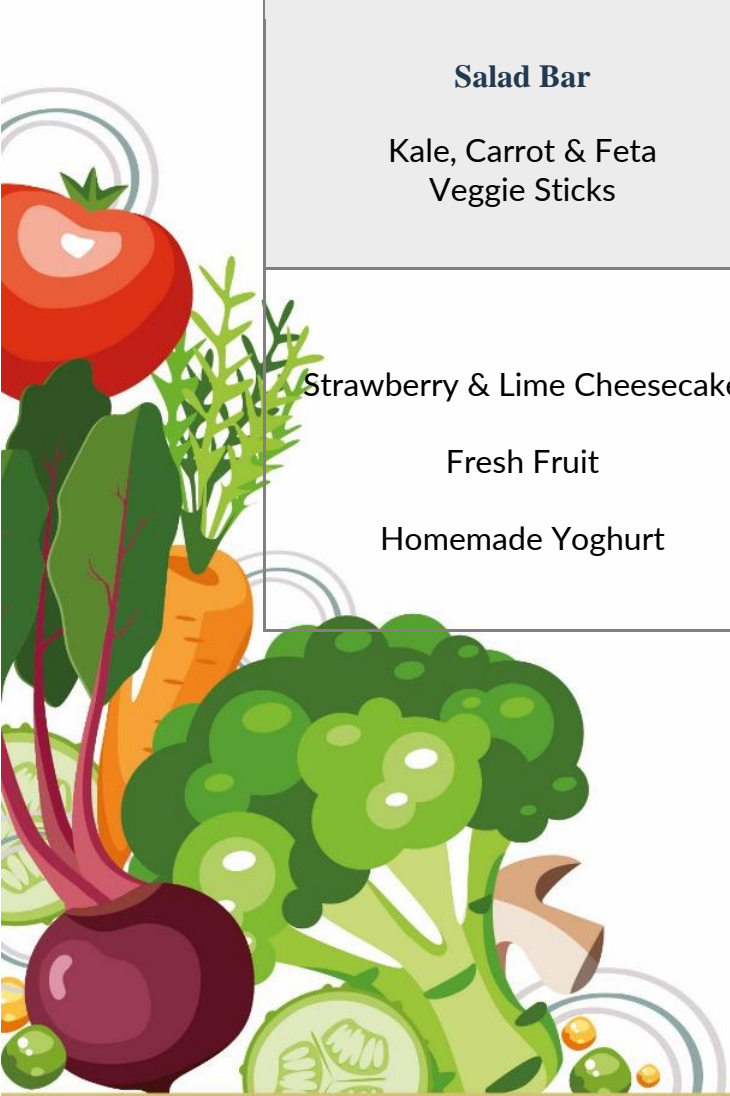



Ruckleigh School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger in a Bap Veggie Burger in a Bap Filled Jacket Potato Sweet Potato Fries Fried Onions Green Beans	Pork & Tomato Casserole Quorn Mince Stew Filled Jacket Potato Creamy Mash Buttered Leeks Sweet Corn	Roast Chicken Breast Pepper & Halloumi Tartlet Filled Jacket Potato Roast New Potatoes Sage & Onion Stuffing Roast Parsnips Peas	Chinese Style Beef Curry Cauliflower & Potato Curry Filled Jacket Potato Rice Green Beans with Chilli Honey & Soy Glazed Broccoli	Jumbo Fish finger Breaded Vegetable Finger Filled Jacket Potato Chipped Potatoes Baked Beans Garden Peas
Salad Bar Kale, Carrot & Feta Veggie Sticks	Salad Bar Mango & Avocado Salad Jerk Chicken Thigh	Salad Bar Garlic Croutons Lentil & Tomato Salad	Salad Bar Mushroom & Coriander Squash & Beetroot Couscous	Salad Bar Garlic Mayonnaise Spinach, Butternut Squash & Onion
Strawberry & Lime Cheesecake Fresh Fruit Homemade Yoghurt	Chocolate Glazed Shortbread Fresh Fruit Homemade Yoghurt	Peach & Yoghurt Slice Fresh Fruit Homemade Yoghurt	St Clements Sponge & Custard Fresh Fruit Homemade Yoghurt	Jam & Custard Slice Fresh Fruit Homemade Yoghurt




 Independent School Caterers